

Useful Websites for SEND Signposting

Communication and Interaction:

[Register for What Works - Speech and Language UK: Changing young lives](#)

[Speech and Language Therapy | Kent Community Health NHS Foundation Trust](#)

[Parent Portal - Speech and Language Link](#)

[STAMMA home page](#)

[Selective Mutism - NHS](#)

Support for Autism:

[Resources to Support Autistic Children and Young People](#)

[National Autistic Society](#)

[Autism Research Institute](#)

[Autism Level UP!](#)

[The Kent Autistic Trust](#)

[Ambitious about Autism | National charity for autistic children and young people](#)

[Family Support](#)

[Help for families of autistic people - NHS](#)

[Autism & Mental Health | Signs & Symptoms of Autism | YoungMinds](#)

SEND:

[Home | IASK](#)

[Special educational needs and disabilities \(SEND\) - Kent County Council](#)

[Information, Advice and Support Kent \(IASK\) - Kent County Council](#)

[Early Years SEND toolkit - Communication and interaction | Oxfordshire County Council](#)

ADHD:

[Top Tips for Parents! | The UK ADHD Partnership](#)

[ADHD UK - Homepage - ADHD UK](#)

[ADHD Foundation The Neurodiversity Charity](#)

[ADHD Support For Your Child | Parents Advice Guide | YoungMinds](#)

[Supporting a child with ADHD at home and getting help](#)

[Neurodivergence | Kent Community Health NHS Foundation Trust](#)

[Neurodiverse Parent Support - The MAZE Group](#)

C&L:

[Look, Say, Sing, Play early years resources to use and share with parents | NSPCC Learning](#)

[Cognition & Learning | Flourish Federation](#)

[Cognition and Learning | Whole School SEND](#)

[Parents & Carers Support - Learning Disability | Mencap](#)

[Supporting learning at home | Parentkind](#)

SEMH:

[Home - SEMH](#)

[Children's mental health - Every Mind Matters - NHS](#)

[Resources For families | Anna Freud](#)

[Home - Kooth](#)

[Online courses for emotional health and wellbeing](#)

[The Zones of Regulation | A Curriculum For Emotional Regulation](#)

Physical Disability:

[Support groups for parents | Disability charity Scope UK](#)

[Physical Disability - Family Toolbox](#)

[Support for children and young people with physical disabilities - Kent County Council](#)

[The HMSA | The Hypermobility Syndromes Association](#)

[SNAAP : Special Needs Advisory & Activities Project in Kent](#)

[Home - Epilepsy Action](#)

[Home - Downs Syndrome Association](#)

[Supporting children and young people with Tourette syndrome | Anna Freud](#)

[Tourette's Action Online Support Groups](#)

[Tics - Treatment - NHS](#)

[British Dyslexia Association](#)

[RNID - National hearing loss charity](#)

Sensory:

[Sensory People Charity – Registered Charity No: 1164806](#)

[Sensory processing pathway | Kent Community Health NHS Foundation Trust](#)

[Sensory Processing Disorder Parent Support](#)

[Sensory Processing - Cerebra](#)

Websites and Support for Parents:

[Local Kent Directory](#)

[Care Coordination | Kent Community Health NHS Foundation Trust](#)

[Home | Gingerbread](#)

[Adult Education courses in Kent | Kent Adult Education](#)

[Healthier Families - Home - NHS](#)

[Dressing and undressing | Kent Community Health NHS Foundation Trust](#)

[13 parent-tested potty-training tips | Children's Mercy](#)

[All About Toileting | Leckey Parent Hub](#)

[How to potty train - NHS](#)

[Potty Training | Nemours Kids Health](#)

[Children - The Sleep Charity](#)

[Sleep and young children - NHS](#)

[Sleep: Tips for Parents | Nip in the Bud | Free Downloadable Fact Sheet](#)

[Baby and toddler sleep advice - routines and not sleeping](#)

[Fussy eaters - NHS](#)

[9 Strategies for Parents of Picky Eaters - Center for Children and Youth](#)

[Fussy eating in children: tips to help | Raising Children Network](#)

[7 tips for winning over a picky eater | UNICEF Parenting](#)

[Family Bereavement: How to support children through grief and loss | NSPCC](#)

[Helping Children Cope With Grief - Child Mind Institute](#)

[Grief Resources for Kids, Parents, & Supporters | Dougy Center](#)

[Supporting Grieving Children: A Guide for Parents & Caregivers - Marble Wellness | Therapy in Ballwin and Lake St. Louis, MO](#)

[How to Support Children after Their Parents Separate or Divorce - HealthyChildren.org](#)

[Separation & divorce: helping children adjust | Raising Children Network](#)

[How to Help Kids Through Divorce](#)

[7 Essential Coping Strategies for Kids After Divorce](#)

[Booklets for Kids: Coping with Separation | Divorce | Family Changes - Free Social Work Tools and Resources: SocialWorkersToolbox.com](#)

[Children and Domestic Violence for Parents Fact Sheet Series | The National Child Traumatic Stress Network](#)

[Domestic abuse through your child's eyes: Parenting guide - Free Social Work Tools and Resources: SocialWorkersToolbox.com](#)

[18 Ways to Support Children Who Witness Domestic Violence](#)

[Twelve Ways Parents Can Help Young Children Who Have Experienced Domestic Violence Heal | HeadStart.gov](#)

[Parenting After Violence - Digital Download | Multiplying Connections](#)

[A Parent's Guide to Keeping Kids Safe Online](#)

[Internet Safety for Kids: Online Safety Tips](#)

[Parents and Carers - UK Safer Internet Centre](#)

[Advice for parents and guardians - Mental Health UK](#)

[Make it Count: Guide for parents and carers | Mental Health Foundation](#)

[Advice for Parents - NHS](#)

[Parents Mental Health Support | Advice for Your Child | Young Minds](#)

[Advice for parents and guardians - Mental Health UK](#)

[Children's Teeth - NHS](#)

[British Society of Pediatric Dentistry \(BSPD\) > Patients](#)

[Better Health Start for Life Top Tips For Teeth | Campaigns | Campaign Resource Centre](#)

[Resources For Families – Teeth Team](#)

[How to help your child to make friends and keep friendships](#)

[Helping Your Child With Friendships | Bullying Advice](#)

[Healthy Relationships and Friendships- information for parents — Teen Health 11 - 19 Service](#)