



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 1	Being Happy Being Mindful What is Friendship	Getting your sleep Hygiene and Me Understanding Difficult Feelings Kind vs Unkind	A Problem Shared is a Problem Halved Communication Trust	What Makes A Family My Growing Body Respecting Others Water Safety	Braving the Weather Emergency Services Food Safety and What Not to Eat Wildlife	First Aid and CPR Safety Symbols Signalling & Sign Language
Year 2	Screen Time Safety Feeling Sad Happiness Positive Friendships	It's Okay not to be Okay Medicines and Drugs Understanding Peer Pressure Relaxation	My Private Body Respecting All Families Dealing With Loss Fight or Flight	Desert Island Environment Navigation x	Cyber Safety Fire Safety Forest Survival The Art of Failure	Personal Goal Setting Protecting our Planet Adapting to Change
Year 3	Personal Hygiene Vaccinations and Diseases Anger, Fear and Mindfulness Anxiety, Stress and Mindfulness Exercise Safety with Household Meds Change is Good	My Body, Your Body – Keeping Healthy Self-Worth Self-Image Autism Different, Not Less Different Kinds of Friendship	Power of Words: STOP Social Media Body Confidence Gender Fairtrade: Working Together Global Warming - What Can We Do To Help? Celebrating Women in History: Traditional Roles	BV Democracy and Law BV Culture and Liberty Relationships with Others	Helping Others to Get Help Who Can We Trust? Staying Safe Online Separation and Divorce	Growth Mindset Sun Safety The World of Work Problem-solving and Time Management
Year 4	Healthy Eating and a Balanced Diet The Importance of Physical Activity Relaxing to Recharge The Recreational Drugs of Alcohol and Nicotine	My Body, Your Body – Keeping Safe Sleep Screen Time Body Language & Communication 1 What's Love?	Bullying Everything Will Be Alright All About Tik-Tok Identity and Gender Fairtrade: Change Through Choice	BV Government and Rules BV Freedom in Beliefs Family Relationships	Consent Where Does My Food Come From? Respect Being Responsible Earning Money	Problem Solving and Resourcefulness Try and Try Again Leadership
Year 5	Junk Food Nutritional Values The Human Body	The Human Body Caffeine - Helpful or Harmful?	Keeping My Body The Same Social Media - Being Confident Fairtrade: Same Storm, Different Boat	Responsibility and Inspiration Homophobic Language in Schools Fairtrade: Same Storm, Different Boat	BV Laws and Parliament Freedom of Speech and Movement Respecting Others' Boundaries and Beliefs	My Body Changes Autism/Neurodivergence Expressing Love Differently As You Grow What is Marriage?
Year 6	First Aid Alcohol, Smoking and Vaping Drugs Illegal Drugs Recognising and Controlling Anger Organisation of Life	My Amazing Body Self-Perception Autism Do Say, Don't Say The Power of Love - Inequality Within Relationships What is Forced Marriage?	The Power of Words - Clean up Your Speech Social Media – Tik Tok Identity, Gender & Sexuality Fair Trade – The Shirt Off Your Back Global Warming - Issues and Prevention Celebrating Women in History Forgotten Achievements	BV Lawmakers and Activists BV Rights and Radicalisation The Government	Consent Feeling Anxious Ageism The Power of Negotiation	Transition Learning to Working Law Tax Banks Pensions How to Write a CV Entrepreneurship, Enterprise and Business 2 to extra to choose from

Underpinning our entire curriculum are the UN Conventions on the Rights of the Child and Holywell's Effective Learning Powers (H.E.L.P)